



Telehealth Video Conferencing Informed Consent

It may be possible for treatment delivery to occur via interactive video-conferencing (i.e., virtual “face-to-face” sessions) in lieu of, or in addition to, “in-person” sessions. Video conferencing (VC) is a real-time interactive audio and visual technology that enables clinicians to provide health services remotely. The VC system we use (www.doxy.me or www.zoom.com) meets HIPAA standards of encryption and privacy protection but we cannot guarantee privacy. You will not have to purchase a plan or provide your name when you “join” our online meeting. Treatment delivery via VC may be a preferred method due to convenience, distance, or other circumstances. Although VC may be used when the clinician and client are in different locations, licensure regulations only allow a session to be conducted in the state in which the clinician is licensed and the client is located. For purposes of Transformational Acupuncture LLC, we are licensed in Virginia, Maryland, Delaware, and the District of Columbia.

Risks to VC in general may include (but are not limited to): lack of reimbursement by your insurance company, the technology dropping due to internet connections, delays due to connections or other technologies, or a breach of information that is beyond our control. Clinical risks will be discussed in more detail with your clinician, but may include discomfort with virtual face-to-face versus in-person treatment, difficulties interpreting non-verbal communication, and importantly, limited access to immediate resources if risk of self-harm or harm to others becomes apparent. Your clinician will weigh these advantages against any potential risks prior to proceeding with telehealth sessions and will discuss the specifics of telehealth with you before using the technology.

- You are aware that your provider may contact the necessary authorities in case of an emergency.
- You will seek care immediately through your own local health care provider or at the nearest hospital emergency department or by calling 911 if you believe there is imminent harm to yourself or another person.
- We will confirm that we have the names and telephone numbers of your local emergency contacts including your primary care physician, emergency contact, and any other medical personnel necessary to your care.